



# Reducing condensation, damp and mould in your home

# Reducing condensation in your home

Reducing condensation in your home will help prevent issues with damp and mould. While it's difficult to prevent condensation completely, there are several easy steps you can take to reduce the amount of condensation in your home.

## General advice

- Cover pots and pans with a lid when cooking
- Whenever possible, dry your clothes outdoors
- If you do have to dry clothes indoors, ensure it's in a well-ventilated room, such as the bathroom, with the extractor fan running to remove the moisture
- Try to avoid drying your clothes over radiators or heaters
- If you're thinking of buying a tumble dryer, consider a self-condensing model. This should be placed in a ventilated room
- It is quite normal to find your bedroom windows misted up in the mornings. To control this, be sure to wipe down any moisture on your windows and windowsills, especially in the winter

- Close internal kitchen and bathroom doors when doing activities that generate a lot of moisture, such as showering or cooking.

## Ventilation advice

- Allow space for air to circulate around furniture, especially where furniture is against an exterior facing wall
- Use extractor fans when bathing, cooking, or drying washing indoors, or open a window to ventilate humid rooms
- Keep air vents and extractor fans clear and clean them regularly.
- Where your windows have trickle vents fitted, make sure they are left open during all seasons
- Using a dry cloth, wipe any excess moisture off window areas and tiled wall surfaces in kitchens and bathrooms.



## Heating advice

- Avoid blocking radiators with furniture or curtains if possible
- Don't use paraffin or portable gas heaters. There are several risks associated with these types of heaters, including the danger of causing a fire if used incorrectly. For these reasons, they are not allowed under the terms of your tenancy agreement
- If fitted, use the thermostat-controlled radiator valves as this will help control the heating in each room.



### **Try to avoid switching off your heating for long periods of time in winter**

We appreciate you may be worried about energy costs, but if you regularly switch your heating off when it's cold, it can lead to the risk of pipes bursting. It may also make any issues with damp and mould worse, and increase your risk of cold-related illnesses.

### **Ensure your home is adequately heated**

It's important to avoid extreme changes of temperature, as this can make condensation issues worse. Every time the heating is switched on, water will evaporate, then condense again when the heating is switched off.

### **If you're worried about heating costs, talk to us**

If you are concerned about your energy bills or the cost of living, please talk to us. Visit our cost of living hub for advice and support [www.orbitcustomerhub.org.uk/cost-of-living](http://www.orbitcustomerhub.org.uk/cost-of-living)



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been approved by  
our customers



If you're  
experiencing any  
issues with mould,  
please contact us  
using the details  
below

## Get in touch:

Report damp and mould to us at:  
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Our postal address:

**Orbit,  
PO Box 6406,  
Coventry,  
CV3 9NB**

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